

OFFERED DAILY

SERVING SIZE

CARBS. Grams

Chicken Caesar Wrap	1 serving	75
PBJ with Fluff	1 serving	61
PBJ	1 serving	51
Tuna Sub/wrap	1 serving	28/33
Turkey and Cheese Sub/wrap	1 serving	29/34
Ham and Cheese Sub/wrap	1 serving	30/35
Ham, Salami & Prov Sub/wrap	1 serving	31/36
Salami & cheese Sub/wrap	1 serving	30/35
Buffalo Chicken & Cheese Sub/wrap	1 serving	29/34
Egg salad Sub	1 serving	29
Bologna and Cheese	1 serving	30
Italian Sub	1 serving	32
Salad with Chicken with Roll	1 serving	28
Salad with Tuna and Roll	1 serving	26
Chef salad with Roll	1 serving	18
Breaded Chicken Pattie Sand	1 serving	33
Breaded Spicy Chicken Sand	1 serving	33
Cup of Beef Chili with cheese	1 serving	22
Tortilla chips	1 serving	31
Individual Pizza Round	1 serving	43